



Health and Safety Guidelines for Lincolnview Local Schools

Assessing for Symptoms

Parents are asked to conduct daily health assessments of their students prior to the arrival at school. This should include taking temperatures and assessing symptoms. **Any student with symptoms (described below) or a temperature above 100°F should stay home.**

Covid-19 Symptoms

Help prevent the spread of Covid-19

You may have Covid-19 if you experience one or more of the following:

- * Fever or chills
- * Cough
- * Shortness of breath or difficulty breathing
- * Fatigue
- * Muscle or body aches
- * Headache
- * Loss of taste or smell
- * Sore throat
- * Congestion or runny nose
- * Nausea or vomiting
- * Diarrhea

Symptoms range from mild to severe and may appear two to 14-days after exposure to the virus.

COVID-19 Symptoms

Help prevent the spread of COVID-19

You may have COVID-19 if you experience one or more of the following:

- Fever or chills.
- Cough.
- Shortness of breath or difficulty breathing.
- Fatigue.
- Muscle or body aches.
- Headache.
- Loss of taste or smell.
- Sore throat.
- Congestion or runny nose.
- Nausea or vomiting.
- Diarrhea.

Symptoms range from mild to severe and may appear two to 14 days after exposure to the virus.

Ohio Department of Health

- If a student begins to show symptoms or has a temperature above 100°F while at school, he/she will be separated from other students and employees, maintain a face covering (mask), and undergo an assessment by the district's nurse. The nurse will then determine and communicate to the parent(s) if there is a need to refer to a health care provider (family physician), give further instructions of care, and have parent(s) come pick up child from school and take home.
- The school will monitor daily absences of students for trends and will be in contact by the Van Wert Health Department if we have a positive case of Covid-19. Health department personnel, in collaboration with district administration, will identify "first generation" exposures as necessary and direct appropriate notifications. Individuals who potentially have been exposed must follow quarantine recommendations.
- As with any absence, students' health is the greatest concern. Concerns regarding schoolwork during a period of absence are best managed with ongoing communication between the parent, teacher, and student.

Wash and Sanitize Hands to Prevent Spread of Covid-19



Washing your hands is easy, and it is one of the most effective ways to prevent the spread of germs. Clean hands can stop germs from spreading from one person to another and throughout an entire community—from your home and workplace to childcare facilities and hospitals.

Follow these five steps every time.

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.

- Students will be expected to wash or sanitize their hands frequently, before and after eating, and after using the restroom. Decals have been placed around the school as a reminder of proper handwashing guidelines.
- Students will receive direct instruction from either the nurse and/or classroom teachers on how to properly wash their hands.
- Hand sanitizer dispensers have been placed in each classroom and also in high traffic areas including entrances to buildings and in the cafeteria. Hand sanitizer should supplement handwashing when hand washing is not feasible.
- Students should avoid touching their mouths, noses, and eyes.

Wearing of Face Coverings (masks)

- All students in grades K-12 are required to wear a face covering (mask) while riding on the bus. All students in all grades are required to wear a face covering (mask) while at school. If a student has a health condition that would be exacerbated by wearing a face covering (mask) and the parent of the student presents documentation from a licensed healthcare professional or the student has a documented disability, he/she is exempt from wearing a face covering (mask).

Other List of exceptions:

- Any child unable to remove the face covering (mask) without assistance
 - A child with a significant behavioral/psychological issue undergoing treatment that is exacerbated specifically by the use of a facial covering (mask) (e.g. severe anxiety or a tactile aversion)
 - A child living with severe autism or with extreme developmental delay who may become agitated or anxious wearing a mask
 - A child with a facial deformity that causes airway obstruction.
- Facial coverings (mask) must cover a student's nose and mouth.
 - Students are not required to wear a face covering (masks) during lunch, recess or physical education. Throughout the day, when appropriate, teachers will direct students to take "mask breaks."
 - Students will be provided a disposable mask if they forget to bring a mask to school.

Thoroughly Clean and Sanitize School Environment

- School busses will be sprayed with a disinfectant cleaner after each route.
- Classrooms will be cleaned daily. High contact areas like student desks and tables and lab spaces will be wiped down by teachers and students periodically using soap and water.
- Commonly used items like doorknobs, pencil sharpeners, and classroom manipulatives will be wiped down periodically throughout the school day.
- Restrooms will be cleaned multiple times during the day.
- Lunches will continue to be served by our food service department
 - ✓ For Jr. High/HS students, they will be eating in the high school gymnasium and after each lunch period custodians will be assigned to clean the area.
 - ✓ Elementary students will eat in the school cafeteria in a staggered configuration. They too will be cleaned each lunch period, as custodians will be assigned to clean designated areas.
- Gymnasium/PE/Recess
 - ✓ The equipment students use to play with will be cleaned after each class.
- Students are strongly encouraged to bring their own water bottles from home. Several drinking fountains have been converted with bottle filling capacities, but students should not drink directly from water fountains, as they will not be in use.

Practice Social Distancing

- Whenever and wherever possible, students will be asked to maintain social distancing. Social distancing is the first defense against the spread of the virus.
- Students should avoid using shared materials or shared spaces, like lockers, and cubbies.

- Students should go to their lockers and then immediately to class to avoid congregating in the hallways.

Other additional health care preventive measures

- We will be adding a second nurse to our staff for the 2020/21 school year.
- Over 100 “Touchless Hand Sanitizer Machines” have been placed in every classroom and throughout the building in areas of need.
- Over 50 “Touchless Paper Towel Dispensers” have been installed throughout the K-12 building.
- Installed “Water Bottle Filling Stations” throughout K-12 building.
- Additional cleaning times have been added to each classroom per period per day.
- Over 450 “Student Desk Barriers” will be used by students K-6, which will sit on their desks to provide a secondary barrier to help with social distancing.
- Office barriers have been installed in both the Jr. High/High School and District offices.
- To increase social distancing at lunch time, K-6 students (in designated time frames by grade level) will eat in the school cafeteria and all 7-12 students will eat (by designated class schedule) in the high school gymnasium.
- A new “Touchless Cafeteria Pay System” has been added to reduce touch points between students and the cashier within the cafeteria.